

POST-TREATMENT OF BOTOX

1. DO NOT MASSAGE AREA OR RECEIVE FACIAL FOR THE REST OF THE DAY.
2. NO EXERCISING, GARDENING, ETC...KEEP HEAD ELEVATED!!
3. IF HEADACHE OCCURS FOLLOWING TREATMENT, TAKE EXTRA-STRENGTH TYLENOL (NOT IBUPROFEN OR ASPIRIN)
4. INTENTIONALLY EXERCISE TREATED AREA. (FROWNING AND SQUINTING, 10 TIMES AN HOUR FOR NO MORE THAN 3 HOURS)