

Physician Strength Chemical Peels Post Treatment Instructions

It may take up to one week (for glycolic & jessner acid peels) up to two weeks (for TCA peels) for the appearance of your skin to return to normal. During the repair/renewal period, you may experience some of the following: swelling, redness, stinging, itching, burning, mild pain, tightness, and peeling and scabbing of the superficial, layers of skin. These sensations will gradually diminish over the next one to two weeks as the skin returns to its normal appearance. If swelling occurs, use ice water or frozen vegetable compressions intermittently for 24 – 48 hours, as needed.

Following these guidelines will help accelerate the renewal process.

1. Apply the post peel emollient twice daily for 3 – 10 days until the skin returns to its normal appearance. Then restart your skin maintenance regimen.
2. Wash the treated area very gently with warm water.
3. Do not use abrasive or exfoliating sponges on the treated area.
4. Avoid extensive sun exposure.
5. Continue to apply sunscreen, as tolerated, beginning the day after the procedure.
6. To avoid the possibility of scarring, please DO NOT:
 - Peel the skin
 - Scrape the skin
 - Pick the skin
 - Scratch the skin
 - Use a mask on the skin

****Please do not hesitate to call us at 770.393.9000 for any questions or concerns.**