

LASER HAIR REMOVAL POST-TREATMENT SKIN CARE INSTRUCTIONS

Precautions before and after laser treatment

- The area being treated should not be overly exposed to the sun. A broad spectrum (UVA/UVB) sunscreen of SPF 30 or higher (preferably with zinc or titanium dioxide) should be applied whenever exposed to the sun.

Expectations following treatment

- Immediately following treatment, the area may show a slight redness with some swelling. Blistering may occur.
- Hairs will continue to grow only more slowly and less densely with each treatment.

General Skin Care

- During the healing phase the area must be treated delicately. Do not rub, scratch, or pick. If a crust develops let it fall off on its own.
- Apply aloe gel liberally to the treated area several times a day to keep area moist for the first 3-5 days as needed.
- If blistering occurs, utilize a thin layer of polysporin ointment several times a day to keep the area moist, and then resume with aloe gel as above (until blistering is resolved).
- Do not scrub area. Gently pat the area dry. Do not shave over the area if swelling, crusting or scabbing is present.
- If swelling occurs, apply ice. Wrap the ice in a soft cloth. Discomfort or stinging may be relieved with Tylenol.
- If makeup is allowed, it must be applied and removed delicately. Excess rubbing can open treated area increasing the chance of scarring.
- Avoid sports and/or strenuous exercises for 2-3 days following treatment.
- In case of signs of infection (pus, tenderness, fever), contact the office immediately.
- The treated hairs will exfoliate or push out in approximately 2 weeks. This may appear to be hair growth but it is not. Shaving is safe as long as the skin is not irritated.
- Each area to be treated usually requires six or more treatments approximately 4-6 weeks apart. Some areas with heavy hair growth require more treatments in order to destroy or to disable the hairs for extended periods of time.
- It might be impossible to remove hair in an area forever. Even though the hair may be disabled and not grow for long periods of 3-6 months, the hair might return in the future. The fact that the hair responded to treatment and was disabled for an extended period almost invariably means it will respond again in the future to treatment.

Post treatment skin care instructions must be followed to prevent any complications. Please, contact the office at 770.393.9000 with questions or concerns regarding your treatment.