

POST MICRODERMABRASION AND LUNCHTIME PEEL INSTRUCTIONS

CARE OF SKIN

- Gently clean skin with gentle or foaming cleanser.
- Apply Skinceutical's Vitamin C serum, B5 Hydrating Gel and sunscreen of at least SPF 30 each morning under your make up.
- Apply Formula 13 or Skinceutical's Phyto+ and Skinceutical's Renew Overnight or Emollience in the evening after gently cleansing.
- Avoid glycolic or exfoliating products during initial treatment series.
- Avoid direct sun exposure and tanning beds.

WHAT TO EXPECT

- Following peels, dark spots may first appear darker but will improve with time.
- 2-3 days following chemical peels, skin may appear dry and flaking. Do not pick or scrub off dry skin! Loose skin may be gently removed with tweezers.
- Following microdermabrasion, skin may appear slightly reddened and should subside in a few hours.
- Please call if your skin has any signs of infection, scabbing, blistering, extreme redness, excessive pain.

**Please do not hesitate to call 770.393.9000 for any questions or concerns.