

## **Sclerotherapy Post Treatment Instructions**

### **General Information**

- Bring a pair of shorts with you to each visit.
- Once you receive compression hose, bring them back with you to each visit.
- Do not wear any lotion on your legs the day of treatment.
- On average, each spider vein requires 3 to 5 treatments before resolution.
- No one other than the patient and medical staff are allowed in the surgery room.
- Do not take aspirin or aspirin products for 5 days before surgery.

### **After your treatment**

- Leave your hose on for at least 4-6 hours. Remove bandages and then you may shower-using warm not hot water.
- Wear the pantyhose for 1 week after treatment.
- The veins will look worse before they look better.
- There will be bruising which is normal.
- Occasionally there is a hard knot that may be tender. This is normal and will resolve.
- Occasionally there is a brownish discoloration after injections. This is transient and will fade over time.
- Occasionally there will be tenderness in the area treated. Extra strength Tylenol will help with this discomfort.
- Do not swim or use hot tub for 2 weeks after surgery.
- No airplane rides for at least 14 days after treatment.
- Do not expose treated area to the sun. (Can cause new vessel formation and post-operative pigment changes to last longer).

**\*\*If you have any questions or concerns please call us at 770.393.9000.**

