

AESTHETIC SPECIALTY CENTRE

770-393-9000 / 706-453-9863

Surgery Date: _____ Arrive at hospital at _____

Patient Name: _____ Pt. #: _____ Date: _____

PRE-OPERATIVE SURGERY INSTRUCTIONS

- ◆ Do not take aspirin, aspirin compounds, ibuprofen, vitamin E & B, and all over the counter or homeopathic medications for two weeks prior to and two weeks following surgery. Please refer to the list of medications that contain aspirin. *(If you are in doubt, please ask!)*
- ◆ Fill your prescriptions and obtain supplies prior to your surgery. Take the first pill with dinner the night before surgery. Continue taking the rest of the antibiotics twice a day with meals until none are left.
- ◆ Medication taken on a routine basis needs to be approved by your doctor.
- ◆ Any signs or symptoms of illness such as sore throat, earache, abdominal illness or fever before your surgery, notify your doctor.
- ◆ Do not make any immediate plans to travel after surgery without your doctor's knowledge.
- ◆ Any physical activity following your surgery should be discussed with your doctor.
- ◆ Be sure to make a post-operative appointment if you did not make it during your pre-operative visit. Someone will need to drive you the next morning for your first day post-op visit.

GENERAL ANESTHESIA

Do not take food, water, or antibiotic after 12 PM, the night before your surgery.

LOCAL ANESTHESIA

The morning of surgery, eat a light meal and take your first antibiotic.

DAY OF SURGERY INSTRUCTIONS

- ◆ Come to the hospital wearing comfortable clothes (sweatsuit, loose fitting pants and shirts, etc.) that have zippers and buttons, nothing you pull over the head. Slips on shoes are best.
- ◆ Do not wear makeup, moisturizers, lotion, conditioners, perfumes, contact lenses, or dentures on the day of surgery. Wash & dry hair thoroughly before your surgery but do not use conditioner or hair spray.
- ◆ Do not bring valuables such as, purses, wallets, jewelry or medicine.
- ◆ Arrange for a family member or close friend to drive you home and assist in your care. Otherwise, you will not be able to check out from the surgery center.

**If you have any questions or concerns about the above instructions, please call ua at 770.393.9000.